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PRACTICE TEXT

THE END OF RECESS

Recess is usually a favorite part of students' school day. Students' health is invigorated by socializing, moving, and releasing energy; activities that most kids enjoy. However, there are three good reasons why administrators should consider eliminating recess from the school day. First, if the goal of recess is to give students a time to play and exercise, these goals are already achieved in P.E. class. Second, many students have physical activities planned for after school such as ballet, soccer, and karate. If school officials excluded recess, students could get out of school and go to their after-school activities earlier in the day. Students could then get home earlier in the evening and have more time for homework and family before going to bed. Third, if school officials removed recess, students would have more energy for their after-school activities and tasks and would not be as tired at the end of the day. This would be good because students often fall asleep in class and lag in their schoolwork because they are so exhausted. It is hard to imagine excluding recess from the school day; however, the benefits may outweigh the costs.

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SHAPING

SLANT

CENTRAL QUESTION

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MY WRITING: What's Working

MY QUESTIONS

MY TEACHER'S THOUGHTS

MY IMPROVEMENT PLAN

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